



What Can YOU Do?

Get Involved, Make a Difference.
Make some NOISE!

Tuesday, October 13 2020

Newsletter #138

Dear Readers,

Welcome to the issue #138 of our

What Can You Do?

Weekly Newsletter!

Follow the [link](#) for SDG 3 “Good Health & Wellbeing”

**Health
and
Wellbeing**



Stay safe, keep well!
[Team WCYDo](#)

WellBeing News Feed

- 5 Surprising Ways People Are Coping During the Pandemic. Read [here](#).
- Local lockdown rules: Check Covid restrictions in your area. Find out via the [link](#).
- Covid in Europe: second wave gathers pace across continent. Check the [link](#) for more information.

Time on your hands during Lockdown?

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- Check out our [“revised / updated website”](#).
 - Take a look at our list of selected [“Sustainability Assessment Tools”](#)
 - Take a [“Virtual Travel Experience”](#)
 - Take a [“Virtual Museum Experience”](#)
 - Try out our website [“Interesting Reads”](#) link – suggestions for new articles always welcome!

Have a question, or would like to suggest an idea for our newsfeed?

Please **send us an email**: ContactUs@whatcanyoudo.earth

Find us on Twitter, Facebook, LinkedIn, Pinterest and Instagram:



[Find out more about the WCYDo APP:](#)



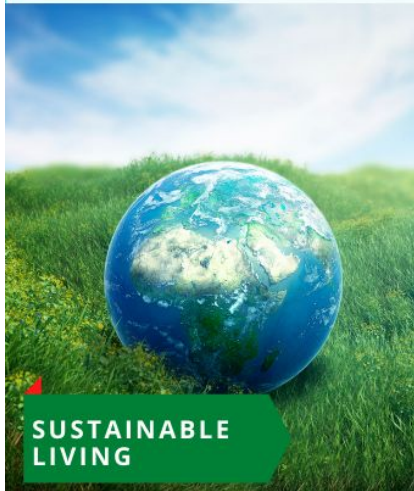


“Lockdown forced us to all hermit in our homes, spend more time with family, create our own work environment, our own routines and spend more time on our screens. It seemed when routines were broken, travelling, fitness and most importantly connection was disrupted and that’s when it felt like everything and everyone came online. Even generations that were not typically familiar with tech (and turning the camera the right way round!) were given the opportunity to become more confident accessing social media. Education overnight had to strategize online lectures, zoom calls and educational video content. Companies who relied on people passing by or travelling to them quickly had to make themselves easily accessible in the digital world.”

Read more:

<https://whatcanyoudo.earth/tellus-blog/books-are-has-beens-when-its-all-on-our-screens-is-the-future-of-education-through-video-content/>

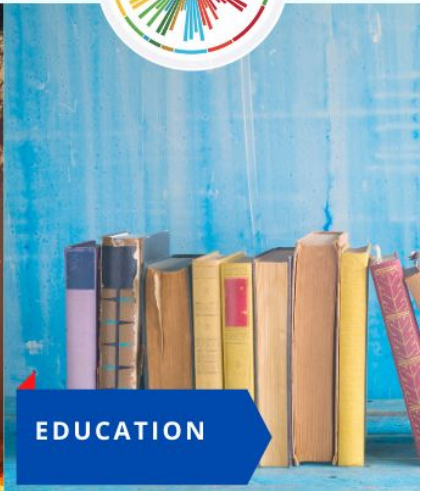
HOT TOPICS



SUSTAINABLE
LIVING



ENVIRONMENT



EDUCATION

- Tropical storms can sometimes ‘supercharge’ the storms that follow. Read [more](#).
- Here Are the Top 10 Countries for Social Progress in 2020. Follow the [link](#) for more information.
- We hope this story horrifies you. ‘Stolen Lives’ is National Geographic’s investigation of a human rights tragedy: the sexual enslavement of children for profit in India and Bangladesh. Read via the [link](#).
- 'Real and imminent' extinction risk to whales. Check [here](#).
- Greta Thunberg: ‘Only people like me dare ask tough questions on climate’. Read [here](#).
- How will the pandemic affect the sprint away from fossil fuels? Follow the [link](#) to learn more.
- Europe's largest marine protected area comes into force. Read [here](#).
- A melting Antarctica could raise the sea level more than expected. Find out [more](#).
- Election ABCs: Using Elegant Design to Inform People About US Democracy. Read [here](#).
- UK Retailer Marks & Spencer cuts soya from production of milk to curb deforestation. Learn [more](#).

2 ZERO HUNGER



The vast majority of the worlds' hungry people live in developing countries where nearly 13% of the population (about 1 in 9 persons) is undernourished. Two thirds of all those undernourished are from Asia and poor nutrition causes nearly half of the deaths in children under 5. In sub Saharan Africa, the rate of undernourishment is around 23% and in developing countries 1 in 3 children suffer stunted growth because of poor nutrition.

Find out more about SDGs via the link:

<https://whatcanyoudo.earth/mother-earths-blog/hunger/>

Sustainable Living Tip of the week:



(Please share with friends, family and work colleagues and encourage them to join our community and help create a safer, fairer world for all)



➡ Follow the [link](#) to read previous issues of WHAT CAN YOU DO Newsletters

Visit WCYDo website: <https://whatcanyoudo.earth/>

Contact us via [website form](#):

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