



# What Can YOU Do?

Get Involved, Make a Difference. Make some NOISE!

**Newsletter: Monday, 11 February 2019**

**Issue No.068**



Dear Readers,

Welcome to the latest issue of our What Can You Do Newsletter! We are delighted that you have been with us for more than a year already and we very much appreciate your support.

Soon we are going to share with you an interesting, useful and entertaining APP, which is based on the Sustainable Development Goals. Our Development Team has been working on it for a while and we hope to make it available via the Apple and Android App stores soon.

Please let us know if you have any questions, or would like to suggest an idea for our news feed, please send us an email:

[motherearth@whatcanyoudo.earth](mailto:motherearth@whatcanyoudo.earth)

Thank you!

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# Focus of the Week

## *How to reduce food waste*

- 20 Easy ways to reduce your food waste

“Food waste is a bigger problem than many people realize.

In fact, nearly one-third of all food produced in the world is discarded or wasted for various reasons. That equates to nearly 1.3 billion tons every year.

Not surprisingly, industrialized countries like the U.S. waste more food than developing nations. In 2010, the average American generated about 219 pounds (99 kg) of food waste, according to the US Environmental Protection Agency (EPA)”

*Source:* <https://www.ecowatch.com/how-to-reduce-food-waste-2628392195.html>

- How to reduce food waste

“Issues of packaging, food waste and sustainable practices are complex. At Good Food, we are trying to find realistic solutions to the problem of food waste and packaging generated by our test kitchen and members of the team are taking on green challenges at home.

Find out the main things we've learned with some realistic suggestions for how you can reduce your own household food waste. If you only do one thing – try not to buy too much, and when you choose produce, don't overlook the wonky fruit and veg. We've also got plenty of “*ideas for how to use your leftovers*”.

*Source* <https://www.bbcgoodfood.com/howto/guide/how-reduce-food-waste>



# Interesting topics

- Plastic bans spread in India. Winners and losers aren't who you'd expect. Read [here](#).
- UK biomass plant starts ground breaking carbon capture project. Find out more via this [link](#).
- Herbal history: five garden plants with a hidden past. Learn more [here](#).
- How Japan's ancient trees could tell the future. Read [here](#).
- \*\*\*How dirty air could be affecting our gut health. \*\*\*Follow the [link](#) for more information.
- The world's oceans are turning into bathtubs. Learn [more](#).
- Take the pricing pollution pledge. Read [here](#).
- 2018 was the U.S.'s third-wettest year on record. Follow the [link](#) to find out more.
- **\*\*\* "Time Bomb" warning on mining dam disasters. \*\*\*** Read more [here](#).
- The detectives hunting ozone-killing chemicals. Check the [link](#) for more information.
- The natural products that could replace plastic. Read [here](#).
- Key West votes to ban sunscreens that harm coral reefs. Learn [more](#).
- 20,000 seabirds mysteriously wash up dead on Dutch coastline. Read [here](#).
- Sweeping green new deal resolution unveiled by Ocasio-Cortez, Markey. Check the [link](#) for more information.
- Climate change: world heading for warmest decade, says Met Office. Follow the [link](#) for more information.
- **\*\*\*America has a wet, hot 2018. \*\*\***See more via the [link](#).
- Winter weather doesn't disprove global warming. Check [here](#).



# Quote of the Week:

*“The success of any company is inextricably linked to the sustainability of the world around us”*

**Laxman Narasimhan, CEO of PepsiCo Latin America and Europe Sub-Saharan Africa.**



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