



# What Can YOU Do?

Get Involved, Make a Difference. Make some NOISE!

**Newsletter: Thursday, 6 December 2018**

**Issue No.061**



Dear Readers,

We are delighted to share with you What Can You Do Newsletter #61 helping you find out more about the news related to Sustainable Development Goals, what is happening in the world on these burning issues and how it is possible to improve the current situation. We hope it helps you analyse and better understand the issues, and sets you thinking about the ways you can participate in this process. Ultimately helping you make personal lifestyle changes.

Should you have any questions, or would like to suggest an idea for our news feed, please send us an email:

[motherearth@whatcanyoudo.earth](mailto:motherearth@whatcanyoudo.earth)

Thank you!

[https://twitter.com/WCYDO\\_Earth](https://twitter.com/WCYDO_Earth)

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# Focus of the Week

## *Food Pollution*

- **Chemicals in our food**

“Weed killers in wheat and cereals, insecticides in apple juice and a mix of multiple pesticides in spinach, string beans and other veggies – all are part of the daily diets of many Americans. For decades, federal officials have declared tiny traces of these contaminants to be safe. But a new wave of scientific scrutiny is challenging those assertions.”

*Source:* <https://www.organicconsumers.org/news/chemicals-food-not-safe>

- **Food Chains and How They Are Affected by Water Pollution**

“The effects of many forms of water pollution multiply as they move up the food chain. This gives us no choice but to be concerned about them. After all, we are at the top of the food chain. A pollutant’s damage depends on various factors. When considering the effects of water pollutants on food chains we must examine specific pollutants including how they enter the water, how they move through the food chain and how we deal with pollutants.”

*Source:* <https://sciencing.com/food-chains-affected-water-pollution-7712.html>

- **Do you know what’s in your food’s food? It may be harming your health**

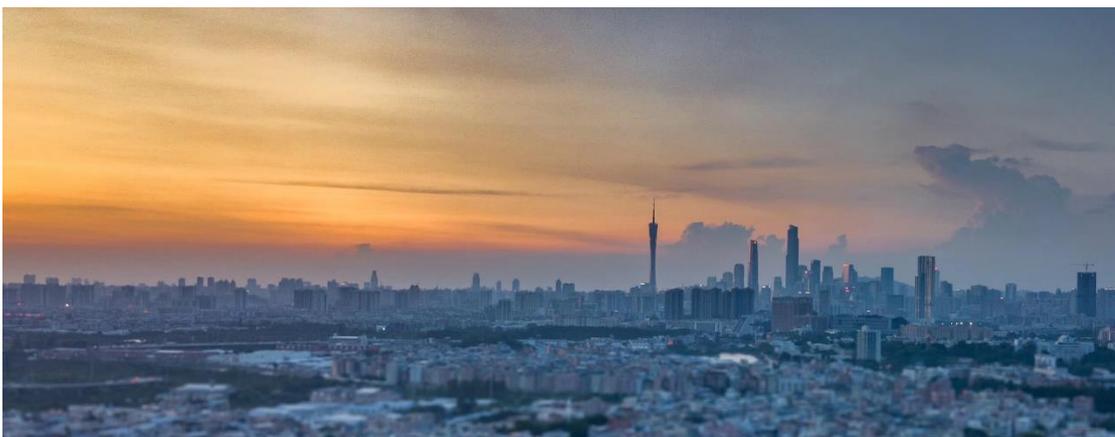
“From antibiotics to persistent pollution, here are things to look out for the next time you’re at your grocers’ meat counter.

*Source:* <https://www.healthline.com/health-news/whats-in-your-foods-food-may-harm-your-health>



# Interesting topics

- A Spanish company has found a way to produce a fuel without emitting CO2 – and it's made of sewage! Read more via the [link](#).
- **\*\*\*Why glitter must be banned\*\*\*** Learn [more](#).
- A new kind of edible cotton could soon feed millions of people – if they'll eat it. Find out how [here](#).
- **\*\*\*Australia cuts 80% of plastic bag use in 3 short months\*\*\*** Follow this [link](#) for more information.
- Sir David Attenborough: Climate change “our greatest threat”. Read [here](#).
- The devastating effect of drought and severe weather in Mozambique. Find out more via the [link](#).
- **\*\*\*Climate change: where we are in seven charts and what you can do to help\*\*\*** Read [here](#).
- Why the world is becoming more allergic to food. Check the [link](#) for more details.
- Conservationists capture “Heart Stopping” footage of world’s most endangered Rhino. Read [here](#).
- Climate change threatens priceless knowledge held by indigenous communities, Federal Report warns. Read [here](#).
- Automation could destroy poor economies, says historian. Find our more [here](#).
- UN: Nations must triple action to avoid disastrous climate change. Follow the [link](#) to read full version of the article.



# Quote of the Week:

*"Like music and art, love of nature is a common language  
that can transcend political or social boundaries."*

**Jimmy Carter**



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